

Blindfold Risk Assessment

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Blindfolds have many uses in the forest school setting. One of the simplest activities is using a blindfold to heighten the awareness of sound with a seated child. However, they may also be used for activities that involve a greater level of movement and therefore risk.

Hazard / Risk	Persons at Risk?	Initial Risk Rating	Normal Control Measures	Additional Control Measures <i>Ensure these are considered and amended before any individual activity is undertaken.</i>	Residual Risk Rating
Trips and slips. Collisions and bumps into people and objects.	Children & Adults	Low	<ul style="list-style-type: none"> • Site chosen for activity carefully. • Discuss the risks posed by wearing a blindfold with the group. • Model how to guide or supervise (if they are following a line) someone. • Explain to group to investigate items gently. • . Tell them there may be rough or sharp parts so move slowly. • Monitor and observe activity closely. 	<ul style="list-style-type: none"> • Group must be made aware of the dangers and considerations of leading someone who is blindfolded 	Low