

## Tree Climbing Risk Assessment

### Tree Climbing (and activities where individuals are off the ground) Risk Assessment

<b>Hazard / Risk</b>	<b>Persons at Risk?</b>	<b>Initial Risk Rating</b>	<b>Normal Control Measures</b>	<b>Additional Control Measures</b> <i>Ensure these are considered and amended before any individual activity is undertaken.</i>	<b>Residual Risk Rating</b>
<b>Fall from tree</b> Risk of possible fractures, bruising cuts or scratches	Children & Adults	Medium	<ul style="list-style-type: none"> <li>• Height limit set. 1.5 to 1.8m.</li> <li>• Only one person in tree at a time..</li> <li>• Immediate area below tree to be cleared of loose material such as branches or rocks.</li> <li>• Appropriate footwear and clothing to limit likelihood of slipping or becoming snagged.</li> <li>• Before climbing individuals to assess suitability of tree.</li> <li>• If children choose to climb a tree they must be confident they can get down unaided.</li> <li>• Ropes not to be used in trees.</li> <li>• No climbing during high winds or wet weather.</li> </ul>	<ul style="list-style-type: none"> <li>• During first sessions children to identify trees and discuss suitability for climbing with leader.</li> <li>• Children behaving inappropriately will be asked stop climbing.</li> </ul>	Low
<b>Branch breaking</b> Risk of falling resulting in possible fractures, bruising cuts and scratches.	Children Staff	Medium	<ul style="list-style-type: none"> <li>• Before climbing individuals to assess suitability of branches to bear weight.</li> <li>• One child in a tree at a time.</li> <li>• No climbing during high winds or wet weather.</li> </ul>	<ul style="list-style-type: none"> <li>• Leader to discuss how to spot trees or branches to avoid.</li> </ul>	Low
<b>Hammocks</b> Fall climbing in or out of hammock.	Children Staff	Low	<ul style="list-style-type: none"> <li>• Identify suitable site.</li> <li>• Adult to supervise positioning hammock.</li> <li>• Ensure ground below hammock is clear.</li> <li>• Model how to climb in and out of hammock safely.</li> <li>• Ensure group are aware not to push people when they are in hammock.</li> </ul>		Low
<b>Activities were participants are lifted and or carried.</b> These may be undertook as part of team building exercises. Risk of slips and trips	Children Staff	Low	<ul style="list-style-type: none"> <li>• Lifting procedures modelled then supervised.</li> <li>• Chosen area for task flat and free of obstacles under foot.</li> <li>• Trip hazards removed.</li> <li>• Any equipment used suitable for task.</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	Low

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resulting in fall and or dropping of person being carried					
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